



SIERRA EXPEDITIONS

Venture

into new environments to

Discover

new experiences and

Challenge

yourself to

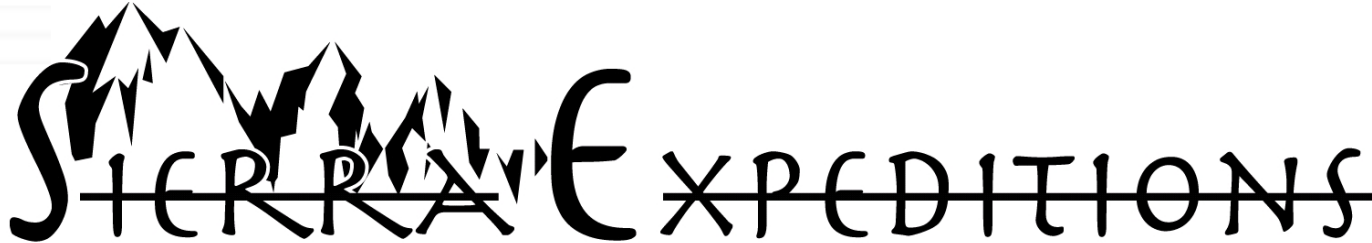
Explore

and

Inspire

“I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I could not learn what it had to teach, and not, when I came to die, discover that I had not lived.”

-Henry David Thoreau



SIERRA EXPEDITIONS

“Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop off like autumn leaves.”

-- John Muir (American naturalist and co-founder of the Sierra Club)

Sierra Expeditions provides a Wilderness Adventure Education program unlike any other in the country. The programs are developed around a unifying principle of experiential learning. Utilizing high adventure activities in a wilderness setting as a catalyst for personal growth and leadership development, all programs have been developed to be challenging both physically and mentally.

Sierra Expedition's recognizes the value of wilderness areas, and acknowledge our responsibility to treat them with respect and apply sound judgment as we visit and travel within them. Due to these beliefs we advocate high standards for environmental stewardship both for ourselves as well as our participants. All of our programs feature Leave No Trace awareness workshops and discussions in wilderness ethics.

Our base camp is located in the Kern Valley of the Sequoia National Monument. We share facilities with Boy Scout Camp Whitsett, in the Sequoia National Monument, which is operated by the Western Los Angeles County Council.

Included in the next few pages are our 2008 program offerings. For any questions regarding program offerings or reservations, please use the contact information below.

Contact Info

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Sierra Trekking Itineraries



Introduction to Backcountry Living

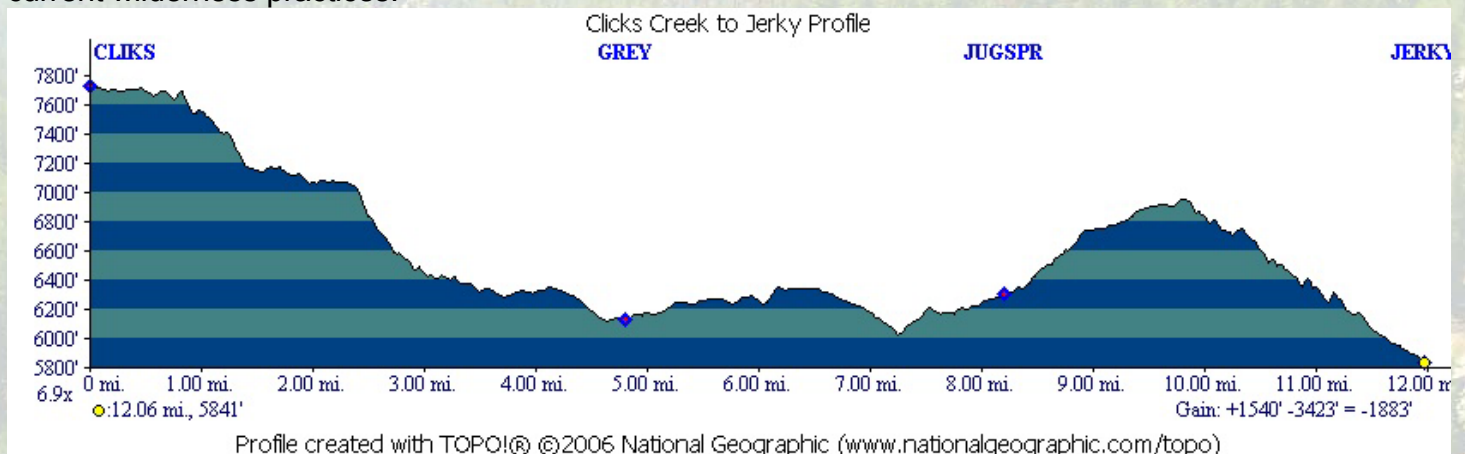
Duration: 6 days total (3 in base camp, 3 in backcountry) – Challenging

Distance: Approx. 15 miles

Cost: \$350

Description:

Never been backpacking before? No problem. Sierra Expeditions' Intro course is the perfect balance of education and experience to bring all the fundamentals into your grasp and increase your level of comfort in the backcountry. For this course, we spend the first day in basecamp covering all the basics, as well as trip planning. Then we head into the backcountry to put those new skills to practical use, in addition to going into further depth in an experiential learning environment. We cover pre-trip planning, backcountry travel and navigation, Wilderness Ethics and Leave No Trace, backcountry health and hygiene, backcountry cooking, expedition behavior, and risk management. While in the backcountry we take it easy, covering around 5 miles a day, and focus extensively on teachable moments. We recommend this trip for any group with limited backcountry experience or as a training program to get in touch with the current wilderness practices.



Hiking near Soda Flats



Sunset from Grey Meadows

Forks of the Kern to Jerky

6 days total (2 in base camp, 4 in backcountry) - Moderate

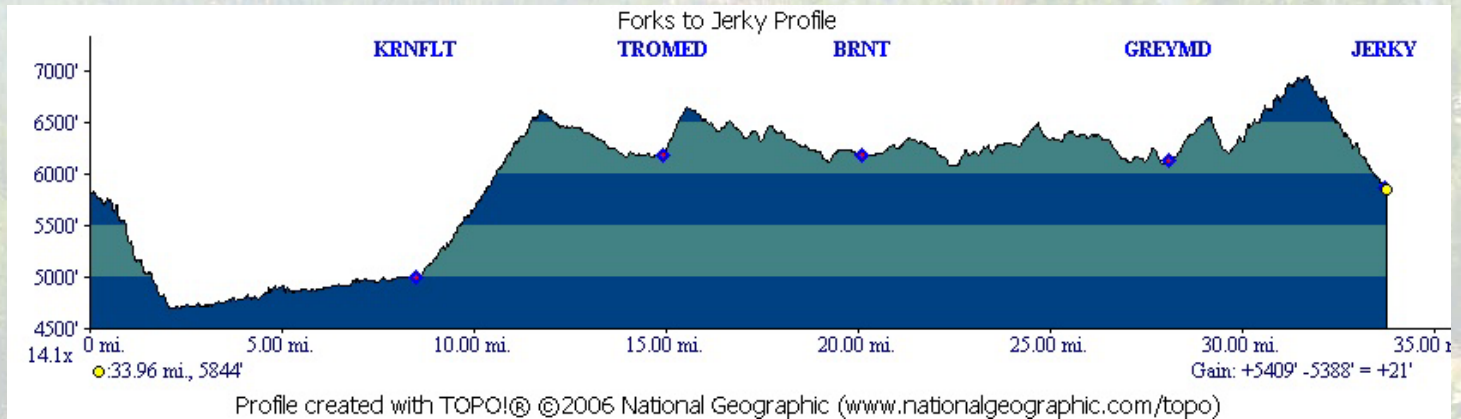
Approx. 35 miles

Cost: \$400



Description:

This trip provides participants with backpacking experience, a great tour of the Kern River Canyon and Little Kern drainage. Utilizing some of the Golden Trout Wilderness's premier camping locations, this extended backcountry trek is all about the wilderness experience. We promote a true wilderness experience imparting solitude and serenity which are hard to find in another program. We focus on reinforcing positive backcountry skills which participants already possess, as well as instruction in those areas with less of a foundation. Focus is placed on advanced navigation skills, wilderness group travel, advanced cooking skills, wilderness ethics and Leave No Trace training, proper backcountry health and hygiene, advanced backcountry cooking, personal expedition behavior, and group risk management. This is a terrific trip for groups with backpacking experience that are ready to experience the Sierra wilderness.



Kern River



Trout Meadows

Blackrock to Whitney

11 days total (2 in camp, 9 days in backcountry) – Strenuous

Approx. 65 miles

Cost: \$500



Description:

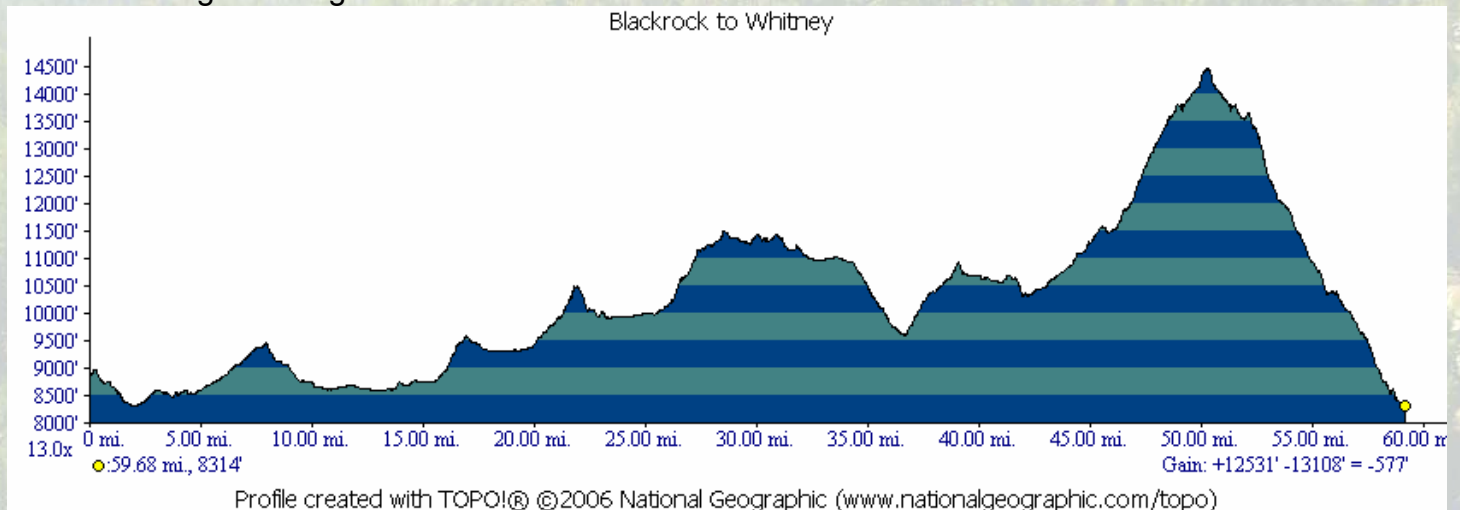
Our premier backcountry expedition, this trek is the foremost tour of the Southern Sierra high elevations. It is an incredible nine-day backpack through a variety of elevations and ecosystems. One of the highlights on this trip is some of the best backcountry fly fishing spots in the Golden Trout Wilderness, while the culmination is a challenging summit of the highest point in the continental United States, Mt. Whitney (14,505 ft.). As with all of our programs, focus will be on Wilderness Ethics and Leave No Trace Training. Specific program offerings include backcountry travel efficiencies, bear aversion techniques, and alpine ecosystems.

Three Treks will be offered in 2008. Limit 10 participants per trek. Sign up early as they will all fill up!

*Please Note:

Availability is based on the ability to obtain permits by the National Forest Service in the Mt. Whitney Lottery. Permits will not be received until April 15th.

There are longer driving times on mountain roads.



Whitney in the distance



Hiking up Trail Pass

Sierra Cycling Itineraries



“Bike with the essentials, but camp in comfort.” Load up our box trailer with all the amenities you won’t have to carry them. Allowing you to ride easily, stopping to do fun programs along the way and then set up camp at the end of the day.

Cycling Itinerary #1

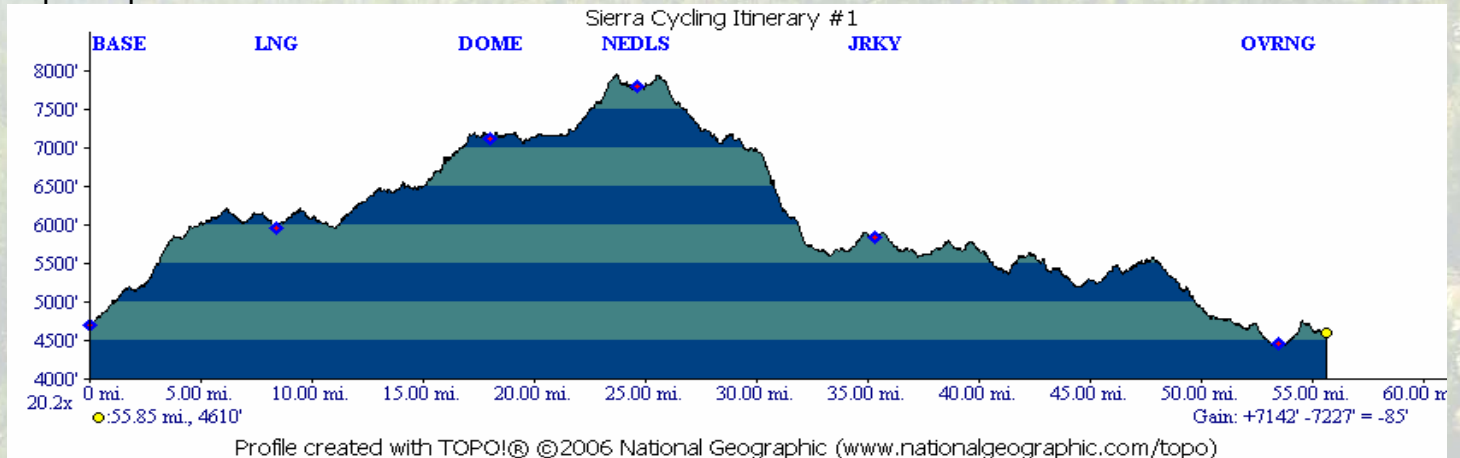
6 days (1 base camp, 5 days out) - Challenging

Approx. 55 miles

Cost: \$375

Description:

This is a perfect trip for first time riders and folks who just love to cycle. This itinerary features 55 rugged miles of cycling on primarily paved forest service and 4-wheel drive roads. Hiking and camping among Giant Sequoias, traditional rock climbing and rappelling, hiking to the Needles Fire Observation tower, single-track mountain biking, visiting the President George Bush Giant Sequoia tree, swimming at Peppermint Falls, and the Carver Ranch experience are all available for your group to participate in.



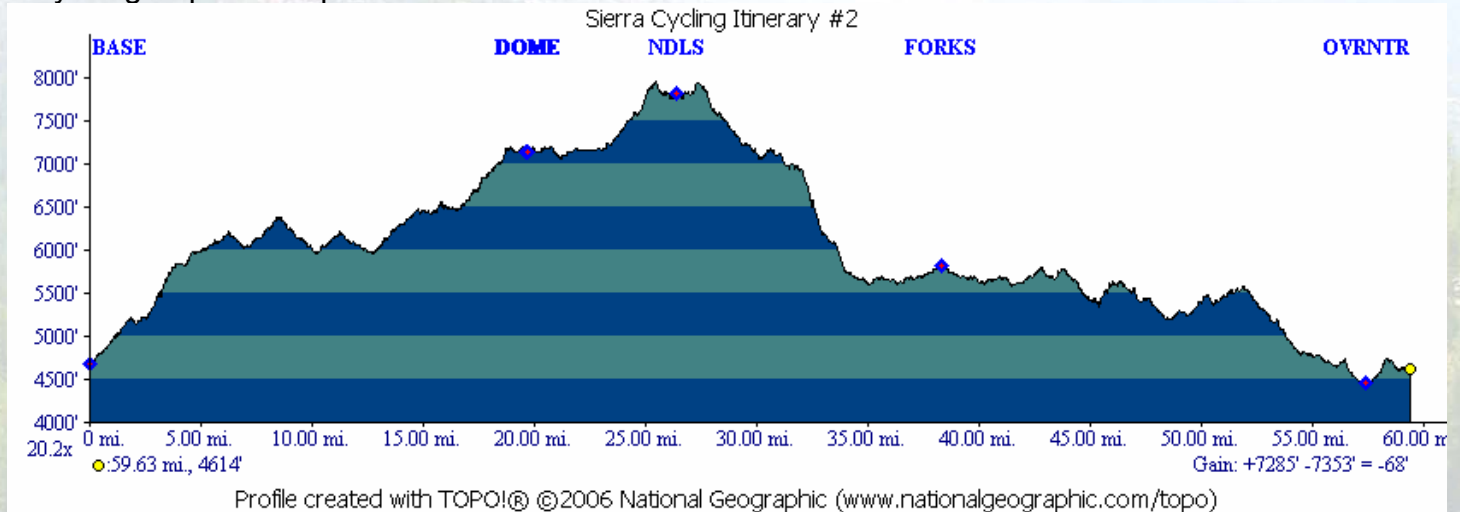
Cycling Itinerary #2

6 days (1 base camp, 5 days out) - Strenuous
Approx. 60 miles cycling and 6 miles backpacking
Cost: \$375



Description:

This itinerary is designed for the groups who want to cycle and backpack and includes strenuous cycling of 60 miles on forest service roads both paved as well as unpaved. This itinerary features three days of cycling interspersed with an overnight backpacking trip. Hiking among the Giant Sequoias, camping atop Dome Rock, hiking to the Needles Fire Observation tower, single-track mountain biking, visiting the President George Bush Giant Sequoia tree, backpacking into the Kern Canyon for swimming and fly-fishing, hiking and swimming at Peppermint Falls are activities planned for your group to take part in.



Josh is stoked to be close to basecamp.

Cycling Itinerary #3

6 days (1 base camp, 5 days out) Extremely Strenuous

Approx. 85 miles

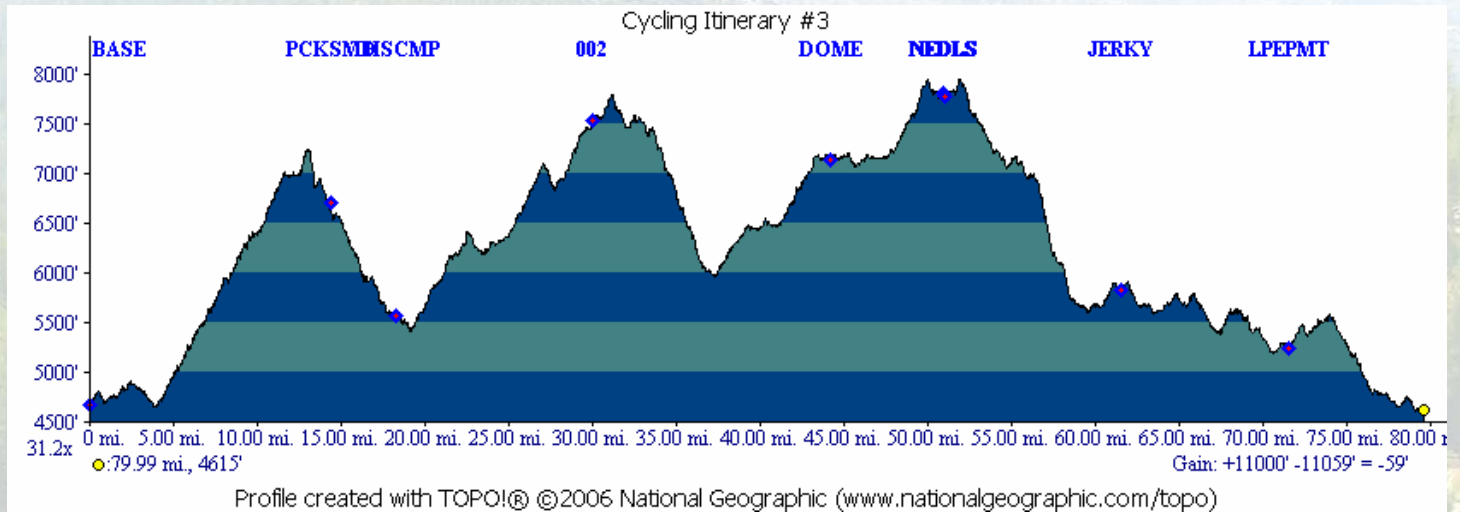
Cost: \$375



Description:

If you love to crank in the saddle all day long, this is the itinerary for you. Super-strenuous cycling primarily on dirt roads gives you an incredible tour of the local high country. Peddling through multiple sequoia groves, camping atop Dome Rock, hiking to the Needles Fire Observation tower, single-track mountain biking, visiting the President George Bush Giant Sequoia tree, hiking and swimming at Peppermint Falls are available for your group to take part in.

Other program offerings are daily mountain bike maintenance, In the Saddle (mountain bike specific) Leave No Trace Training, & mountain bike trail construction.



Cyclists strike a pose.

Sierra C.P.T

6 days (1 base camp, 5 days out) Strenuous

Approx. 30 – 40 miles

Cost: \$375



Description:

Are you ready for a non-traditional summer camp experience? Have you done everything in Boy Scouts? Are you up for a challenge?

C.P.T. is a leadership development program which focuses on promoting and developing individual and group skill sets using high adventure based activities as a catalyst. This includes positive adaptive mechanisms, a look at individual coping patterns, critical thinking, and problem solving skills. The nature of the program is specialized unlike any other in the country and requires a minimum group size of 4, with a maximum group size of 10.

Due to the nature of each group being different we seldom have a “standard” program. The state of each group, comprised of individuals from units across the country, dictates how the program develops and what activities the group participates in. Two trained staff members will be with the group at all times.

We head out of base camp Monday morning and get back on Friday after a full week of high adventure activities. Activities we may participate in are listed below.

- Backpacking
- Mountain Biking
- Advanced land navigation
- Advanced backcountry cooking
- Traditional Rock Climbing & Rappelling
- Challenge events
- Astronomy
- Fly-fishing
- Leave No Trace Training
- Wilderness Ethics
- Advanced backcountry living skills

