

## Health and Safety Corner

September 2022

It is September and it is time for back to school and back to scouting.

- The latest Covid-19 information from the CDC: Continue to promote the importance of being up to date with vaccination to protect people against serious illness, hospitalization, and death. Protection provided by the current vaccine against symptomatic infection and transmission is less than that against severe disease and diminishes over time, especially against the currently circulating variants. For this reason, it is important to stay up to date, especially as new vaccines become available.
- Updating its guidance for people who are not up to date on COVID-19 vaccines on what to do if exposed to someone with COVID-19. This is consistent with the existing guidance for people who are up to date on COVID-19 vaccines.
- Recommending that instead of quarantining if you were exposed to COVID-19, you wear a high-quality mask for 10 days and get tested on day 5.
- Regardless of vaccination status, you should isolate from others when you have COVID-19.
  - You should also isolate if you are sick and suspect that you have COVID-19 but do not yet have test results.
    - If your results are positive, stay home for at least 5 days and isolate from others in your home. You are likely most infectious during these first 5 days. Wear a high-quality mask when you must be around others at home and in public.
      - If after 5 days you are fever-free for 24 hours without the use of medication, and your symptoms are improving, or you never had symptoms, you may end isolation after day 5.
      - Regardless of when you end isolation, avoid being around people who are more likely to get very sick from COVID-19 until at least day 11.
      - You should wear a high-quality mask through day 10.
    - If your results are negative, you can end your isolation.

The National office of BSA is asking that no scouting event is titled with any type of “weapons” in the main “title” of the event. If there are activities such as archery or rifle shoot within the event that is ok to list within the activities at the event. The focus can not be on the weapons.

Also, please note that any archery, rifles, BB guns, etc. are the property of the Charter Organization. The unit cannot lend out any of these weapons to another unit or organization. More information to come on this subject.

Any questions, please contact Diane Freeman MSN, RN, PHN, Vice Chair Health, and Safety.  
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